

There is no supplication a person can say that is better than ...

Article taken and slightly adapted from: shaikhalbaani.wordpress.com

(As-Saheehah, no. 1138)

[Translation taken from the Darus-Salaam print of Sunan Ibn Maajah, vol. 5, p. 110.]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

The Prophet (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ)¹ said,

“There is no supplication that a person can say that is better than:

‘O Allaah! I ask You for al-Mu’aafaah* in this world and the Hereafter.’”

*('Mu’aafaah is for Allaah to suffice you against needing the people, and sufficing the people of having need of you. See Tuhfatul-Ahwadhi, 3512.)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْمُعَافَاةَ فِي الدُّنْيَا وَالْآخِرَةِ

Allaahumma inni as'alukal-Mu'aafaah fid-Dunyaa wal-Aakhirah

¹ (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) (sallallaahu 'alayhi wa sallam) May the peace and blessings of Allaah be upon him