
Performing ruqyah through experience if free from shirk

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Question: A question about ruqyah [reciting aayahs/supplications on someone who is poisoned/possessed by Jinn, etc.]. Is ruqyah something bound by a religious text and not amenable to personal opinion [*tawqifiyah*] or something concerning which *ijtihad* is possible? Namely, if we tried a specific method free of polytheism [shirk], “... perform ruqyah, as long as it does not involve polytheism,” based upon this text, is that permissible or not?

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ)¹: According to the limits that you [just] defined I hold that it is permissible as long as there is nothing which opposes the Sharee’ah like if it were [to lead to falsely] imagining that there are hidden secrets, or if it is misconstrued that there is harm which cannot be seen.

I do not see any harm in that with the condition and restriction that you mentioned.²

¹ (رَحْمَةُ اللَّهِ) (rahimahullaah) May Allaah have mercy on him

² Al-Hudaa wan-Noor, 232.