

Chapter on the fruits eaten by Sayyidina Rasulullah Sallallahu 'Alayhi Wasallam

The fruits that were eaten by Sayyidina Rasulullah Sallallahu 'Alayhi Wasallam are mentioned here. Seven ahaadith are mentioned in this chapter.

(188) Hadith Number 1.

'Abdullah bin Ja'far Radiyallahu 'Anhu says: "Rasulullah Sallallahu 'Alayhi Wasallam ate qith-thaa (cucumbers) with dates."

Commentary

Cucumber has a cold effect and dates a hot one. By combining the two it becomes mild. From this hadith we gather that it is recommended that the effect (hot or cold) of things eaten be taken into consideration. Cucumber is insipid and tasteless, and dates are sweet which results in the cucumber also tasting sweet.

(189) Hadith Number 2.

'Aayeshah Radiyallahu 'Anhu reports that "Rasulullah Sallallahu 'Alayhi Wasallam ate watermelon with fresh dates."

Commentary

In Tirmidhi and other narrations, in explaining this, Sayyidina Rasulullah Sallallahu 'Alayhi Wasallam also said: 'The cold effect of one removes the heat of the other, and the heat of one removes the cold effect of the other'.

(190) Hadith Number 3.

Anas Radiyallahu 'Anhu says: "I saw Rasulullah Sallallahu 'Alayhi Wasallam eat together musk melon and dates."

Commentary

Some 'ulama have translated this also as 'watermelon' instead of musk-melon, the reason being, as in the first narration, here also the cold effect is intended. But it is clear that musk-melon is meant here. The reason for eating dates together is also that it gives the melon a sweeter taste. It is not necessary that one's benefit be gauged everywhere. It is

possible that this is due to some other benefits. According to this humble servant the eating of watermelon with dates has its own benefit and that is to create evenness in the effect of both, so that it becomes mild. The eating of musk-melon with dates has its own benefit and that is that if the melon is insipid and tasteless, many a times, due to it being insipid sugar is mixed before it is eaten. Therefore it is not necessary to give the same reasons for both the watermelon and musk-melon.

(191) Hadith Number 4.

'Aayeshah Radiyallahu 'Anhu says: "Rasulullah Sallallahu 'Alayhi Wasallam ate watermelon with fresh dates".

(192) Hadith Number 5.

Abu Hurayrah Radiyallahu 'Anhu reports: "When the people saw (picked their) new fruit, they used to come and present it to Rasulallah Sallallahu 'Alayhi Wasallam. Rasulallah Sallallahu 'Alayhi Wasallam then read this du'aa:

اللَّهُمَّ بَارِكْ لَنَا فِي ثَمَارِنَا وَبَارِكْ لَنَا فِي مَدِينَتِنَا وَبَارِكْ لَنَا فِي
صَاعِنَا وَفِي مُدَّنَا ، اللَّهُمَّ إِنَّ إِبْرَاهِيمَ عَبْدُكَ وَخَلِيلُكَ وَنَبِيِّكَ
وَإِنِّي عَبْدُكَ وَنَبِيِّكَ وَإِنَّهُ دَعَاكَ لِمَكَّةَ وَإِنِّي أَدْعُوكَ لِلْمَدِينَةِ بِمِثْلِ
مَا دَعَاكَ بِهِ لِمَكَّةَ وَمِثْلِهِ مَعَهُ

Allahumma baarik lana fi thimaa-rina wa-baarik lanaa fi madinatinaa wa-baarik lanaa fi saa-'i-naa wa-fi muddinaa—Allahumma-inna Ebraahima 'ab-duka wa-kha-li-luka wa-nabiy-yuka wa-in-nahu da'aa-ka li-makkata wa-inni ad'u-ka lil-madinati bi-mith-li maa da'aaka bihi li-makkata wa-mith-lahu ma'a-hu

Translation: O Allah! Bless us in our fruits. Bless us in our city. Bless us in our 'Saa', and bless us in our 'Mudd' (These are two measures used in Madinah to measure dates etc.). O Allah verily Ebrahim 'Alayhis Salaam is Your servant, friend and Nabi. And most certainly I am also Your servant and Nabi (since it was an occasion for humbleness. Sayyidina Rasulallah Sallallahu 'Alayhi Wasallam did not mention here his being the habib—beloved—of Allah). And (whatever) he has supplicated to You for (colonising) Makkah. (Which is mentioned in the aayah: "... so incline some hearts of men that they may yearn towards them, and provide Thou

them with fruits in order that they may be thankful". -Surah Ebrahim, 37) I supplicate the same to You for Madinah.

He (the narrator) says: He then called a small child, to whom he gave that fruit".

(193) Hadith Number 6.

Rubayyi' bint Mu'awwidh bin 'Afraa Radiyallahu 'Anha says: "My uncle Mu'aadh bin 'Af-raa sent me with a plate of fresh dates, which had small cucumbers on it, to Rasulullah Sallallahu 'Alayhi Wasallam. Rasulullah Sallallahu 'Alayhi Wasallam relished cucumbers. I took this to him. At that time some jewelry had been sent to Rasulullah Sallallahu 'Alayhi Wasallam from Bahrain. He took a handful from it and gave it to me".

Commentary

Besides the previously mentioned benefits of cucumbers and dates, it makes the body plump too. Sayyiditina 'Aayeshah Radiyallahu 'Anhu relates that after my marriage, when the time came for me to go and live with Rasulullah Sallallahu 'Alayhi Wasallam, my mother thought I should become a bit plump and my build become better. She gave me cucumbers and dates to eat. As a result my body became nice and plump. It is related in a weak narration that Sayyiditina 'Aayeshah Radiyallahu 'Anha said that Sayyidina Rasulullah Sallallahu 'Alayhi Wasallam ate cucumber with salt. It is possible that he at times ate it with salt and at times with dates. Sometimes one prefers something that is sweet and at other times a thing that is salty.

(194) Hadith Number 7.

Rubayyi' bint Mu'awwidh bin 'Af-raa Radiyallahu 'Anha said: "I took a plate of fresh dates and small cucumbers to Rasulullah Sallallahu 'Alayhi Wasallam. He gave me a handful of jewelry, or a handful of gold".

Commentary

This is the same hadith mentioned above. Here it is mentioned briefly. The narrator doubts if it was jewelry or gold.

باب ما جاء في صفة شراب رسول الله صلى الله عليه وسلم

١٩٥ - (١) حدثنا ابن أبي عمر ، حدثنا سفيان عن معمر عن الزهري عن عروة عن عائشة رضي الله عنها قالت: كان أحبُّ الشراب إلى رسول الله صلى الله عليه وسلم الحُلُوُّ البَارِدُ ،

١٩٦ - (٢) حدثنا أحمد بن منيع ، حدثنا إسماعيل بن إبراهيم ، حدثنا علي بن زيد عن عمر هو ابن أبي حرملة عن ابن عباس رضي الله تعالى عنهما قال: دخلت مع رسول الله صلى الله عليه وسلم أنا وخالد بن الوليد على ميمونة ، فجاءتنا بإناءٍ من لبن فشرب رسول الله صلى الله عليه وسلم وأنا على يمينه وخالد على شماله ، فقال لي الشربة لك ، فإن شئت أثرت بها خالدًا ، فقلت ما كنت لأؤثر على سؤرك أحدًا ، ثم قال رسول الله صلى الله عليه وسلم: مَنْ أطعمه الله طعامًا فليقل: «اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَأَطْعِمْنَا خَيْرًا مِنْهُ» ومن سقاه الله لبنًا فليقل: «اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا مِنْهُ» ثم قال قال رسول الله ﷺ ليس شيء يجزيء مكان الطعام والشراب غير اللبن ،

قال أبو عيسى: هكذا روى سفيان ابن عيينة هذا الحديث عن معمر عن الزهري عن عروة عن عائشة رضي الله عنها ، ورواه عبد الله بن المبارك وعبد الرزاق وغير واحد عن معمر عن الزهري عن

النَّبى صلى الله عليه وسلم مرسلا ، ولم يذكروا فيه عن عروة عن عائشة ، وهكذا روى يونس وغير واحد عن الزُّهرى عن النَّبى ﷺ مرسلا ،

قال ابو عيسى: وإنما أسنده ابن عيينة من بين الناس ، قال أبو عيسى: وميمونة بنت الحارث زوج النَّبى صلى الله عليه وسلم هي خالة خالد بن الوليد وخالة ابن عباس وخالة يزيد بن الأصم رضى الله عنهم ، واختلف الناس فى رواية هذا الحديث عن علي بن زيد بن جدعان فروى بعضهم عن علي بن زيد عن عمر ابن أبى حرملة وروى شعبة عن علي بن زيد فقال عن عمرو بن حرملة والصحيح عمر بن أبى حرملة ،

Chapter on the description of the things that Sayyidina Rasulallah Sallallahu 'Alayhi Wasallam drank.

The author has mentioned two hadith in this chapter.

(195) Hadith Number 1.

'Aayeshah Radiyallahu 'Anha says: "The drink most liked by Rasulallah Sallallahu 'Alayhi Wasallam was that which was sweet and cold".