

What is Zuhd?



Zuhd does not mean that a believer gives up the world, his money and leave halal earnings to become a burden on others.

Even though a **Muslim** is permitted to enjoy fully whatever unforbidden pleasure Allah Azz wa Jall bestows on him, **Islam** nevertheless encourages and praises those who shun luxury in favour of a simple and pious life.

In 40 Hadith for Nawawi:

عن أبي العباس سهل بن سعد الساعدي رضي الله عنه ، قال : جاء رجل إلى النبي صلى الله عليه وسلم ، فقال : يا رسول الله ! دلني على عمل إذا عملته أحببني الله وأحبهني الناس ؛

ف قال : (ازهد في الدنيا يا حبيب الله ، وازهد فيما عند الناس يا حبيب الناس) .

On the authority of Abu al-'Abbas Sahl bin Sa'ad as-Sa'idee (may Allah be pleased with him) who said: A man came to the Prophet (peace and blessings of Allah be upon him) and said, "O Messenger of Allah, direct me to an act which, if I do it, [will cause] Allah to love me and the people to love me." So he (peace and blessings of Allah be upon him) said, "Renounce the world and Allah will love you, and renounce what the people possess and the people will love you." A hasan hadeeth related by Ibn Majah and others with good chains of authorities.

The Prophet (PBUH) explained the true meaning of Zuhd when he said:

إن الدنيا حلوة خضرة وإن الله تعالى مستخلفكم فيها، فينظر كيف " : أن رسول الله، صلى الله عليه وسلم، قال رواه مسلم "تعملون، فاتقوا الدنيا واتقوا النساء

Abu Sa'id Al-Khudri (May Allah be pleased with him) reported: Messenger of Allah (PBUH) said: "The world is sweet and green (alluring); and verily, Allah is making you to succeed each other, generations after generations in it in order to see how you act. So beware of this world and beware of women" [Muslim].

And in another hadith:

عن ابن عمر رضي الله عنهما، قال: أخذ الرسول صلى الله عليه وسلم بمنكبي، فقال: (كن في الدنيا كأنك غريب أو عابر سبيل). وكان ابن عمر رضي الله عنهما يقول:

ت - ن تظر الصباح، وإذا أصدحت في لائ - ن تظر المساء، وخذ من إذا أمسيت فلا صدتك لمرضك، ومن حياك لموتك. رواه البخاري

On the authority of Abdullah ibn Umar (may Allah be pleased with him), who said: The Messenger of Allah (peace and blessings of Allah be upon him) took me by the shoulder and said, "Be in this world as though you were a stranger or a wayfarer." And Ibn Umar (may Allah be pleased with him) used to say, "In the evening do not expect [to live until] the morning, and in the morning do not expect [to live until] the evening. Take [advantage of] your health before times of sickness, and [take advantage of] your life before your death." It was related by al-Bukhari.