



Ruling on Sawm on Friday alone

Q: Is it permissible to observe Sawm (Fast) on Fridays alone to make up for missed days of Ramadan?

A: The Prophet (peace be upon him) prohibited fasting on Friday alone, if it is done just because of its special virtue: [\(The Prophet \(peace be upon him\) visited one of his wives on a Friday and she was observing Sawm. He asked her, 'Did you observe Sawm yesterday?' She said, 'No.' He said, 'Do you intend to observe Sawm tomorrow?' She said, 'No.' He said, 'Then break your Sawm.'\)](#) In the Two Sahih (authentic) Books of Hadith (i.e. Al-Bukhari and Muslim), it is reported from Abu Hurayrah (may Allah be pleased with him) that the Prophet (peace be upon him) stated: [\(None of you should fast on Friday unless you fast a day before it or a day after it.\)](#) But, if Friday coincides with the Day of `Arafah (9th of Dhul-Hijjah) and a Muslim observes Sawm on that day only, there will be nothing wrong in doing so; since Sawm is observed because it is the Day of `Arafah, not because it is Friday. Also, if a Muslim misses some days during the month of Ramadan and does not have a chance to make them up except on Fridays, their only day off work, then there is no nothing wrong in singling out Friday for Sawm. The same ruling applies to Friday if it coincides with the Day of `Ashura' (10th of Muharram), as Sawm is observed for `Ashura', not because it is Friday.

(Part No. 55; Page No. 109)

The Prophet (peace be upon him) stated: [\(Do not single out the night of Friday \(i.e. Thursday night, as in the Hijri calendar the night precedes the day\) from all other nights for Qiyam \(standing for optional Prayer at night\) nor single out Friday from all other days for Sawm.\)](#)  In this Hadith the Prophet (peace be upon him) commanded against singling out Friday; that is, a person performing these acts of worship specifically because it is Friday or the night of Friday.

Source: Islamic Research Journal